

6 The Johari window also offers insights into personality and communication skills by comparing the relative size of each quadrant. Discuss how managers with the Joharis below might be perceived.

Which type of manager would you prefer to work with?



Listening for gist

7 1:10-1:14 The Truth game is designed to encourage sharing and feedback in order to enlarge the Arena and reduce the other areas. Listen to two people playing the game; which questions are they talking about?



7 1:10-1:14 Listen again and put the words in these phrases in the correct order.

- 1 a at go have I Shall this? _____
- 2 confess have I that to ... _____
- 3 like one take this to Would you? _____
- 4 about it I've much never really that thought. _____
- 5 haven't I idea slightest the! _____
- 6 have honest I'd If I'm myself, say to totally with ... _____
- 7 don't if I'll mind on one, pass this you. _____
- 8 leave Let's one, shall that we? _____
- 9 a clue got honestly haven't I! _____
- 10 I I'd If me, pushed really say suppose you ... _____

9 Find two expressions in Exercise 8 which are used for:

- a) taking turns
- b) talking about one's weaknesses
- c) saying you have no strong opinion
- d) saying you don't know
- e) not answering a question.

Truth game

10 Work with a partner and play the Truth game. Start with different colour questions from the group next to you. Go round the board clockwise until you have discussed all the questions, then answer the question in the middle. Ask supplementary questions to help your partner develop their answers.

11 Repeat the process in Exercises 2 and 3 to draw a second Johari. Have your windows changed after playing the Truth game?

Internet research

Search for the keywords *Johari window* to find out about the darker side of your personality. If you're brave enough, repeat steps 2 and 3 with the Johari adjectives!

eWorkbook

Now watch the video for this unit.