

- 3 GRAMMAR IN USE** Complete the text with multi-word verbs, using no more than three words for each gap. The words in brackets will help you. **▶▶ 4.25** Listen and check.

Anger management

MANDY DICKSON has (0) *set up* (set) a one-day anger workshop which helps people learn about and (1) (deal) their anger. It is (2) (aim) ordinary people who don't feel able to control their tempers. She (3) (point) that anger is natural and nothing to be ashamed of, but we should recognise it and (4) (look) its true causes. Then we can (5) (face) it, and begin to do something positive. Participants (6) (fill) a questionnaire about things that make them angry. They compare their responses and often (7) (find) that the causes are other feelings such as fear or grief.

But in our culture it isn't acceptable to (8) (act) these feelings in public. Men, in particular, are supposed to (9) (cover) these feelings. Once we know the causes of anger, we must learn how to (10) (keep) situations which will induce them. When we are angry we want other people to understand us, but we often make the mistake of (11) (run) those around us. Anger is often caused by the feeling that you have been (12) (let) by other people. But we can't always expect other people to know our feelings. So the most important way to (13) (cut) the number of anger-producing situations is to tell people exactly how we feel. It really all (14) (come) communication.

- 4 GRAMMAR IN USE** There are ten more mistakes with phrasal and phrasal-prepositional verbs in the dialogue (incorrect word order, use of objects and particles). Correct the mistakes, as in the example. **▶▶ 4.26** Listen and check.

GAVIN Is that a new laptop?
 ANDY Yes. My old one ~~broke it down~~ ^{broke down} a few weeks ago.
 GAVIN It looks like a good one. How are you getting with on it?
 ANDY Not great. It's completely different from my old one.
 GAVIN Let me have a look. Oh, I think it uses a different operating system. They should have pointed out it to you when you bought it.
 ANDY Well, they didn't. It's so confusing – the manufacturers are always coming over with new systems for computers. Why don't they stick to the ones everybody's familiar with?
 GAVIN It all comes down with economics, I suppose. If they didn't keep changing the systems, nobody would spend money on new software!
 ANDY That's true. Look, I hate to bring up it but didn't you say you were a bit of an expert on computer programs? Could you give me a hand with this one?
 GAVIN Of course. No problem. But I'm a bit busy right now. I have to get back of the office in a few minutes.
 ANDY Sorry. I don't want to hold up you. Can we fix up another time?
 GAVIN Sure. I'll be here for lunch tomorrow. We can catch up each other with then and set up it. Well, I ought to be going.
 ANDY Yes, I'd better get down at my work. I've got a big report to finish ...