15 Prepositions of movement



1 into, out of, onto, off



Into describes movement to the inside of something: It's raining. Let's go into the house now.

We can drive into the town centre this way.



Out of is the opposite of into: Can you get my shoes out of the wardrobe? Open the door and let me out of this room immediately!



Onto expresses movement to a surface or 'line': The cat jumped onto the wall.

I think we should get onto the motorway here.



Off is the opposite of onto: The cat jumped off the wall. Let's get off the motorway and get something to eat.

⚠ You may hear English speakers using off of rather than off, but many people think this is incorrect: [X Please get off of the grass.] ✓ Please get off the grass.

We get *into/out* of a car or taxi, but *on(to)/off* a bus, plane, train, ship, bike: Come on – jump **into** the car. We're late. I got off the train at the last stop.

2 along, past, through

We use *along* when we follow the length of something (e.g. a path, a river, a road): We can drive along the Rhine to the south of Germany.

Walk along the path by the river - it's very pretty.

We use past when we go up to something and then we pass it. We often use this with shops and buildings: Go past the post office and the bookshop is on your left.

We use through when we go from one side of something to the other side. We often use this with countries, open space, enclosed tunnels, etc. We'll drive through Switzerland. Go through the main entrance. I like to walk through the park on my way to work.

3 across, over

Across and over both mean 'from one side to the other':

Walk across/over the first bridge. We'll drive across/over the Alps.

But we use over when we are not directly touching the surface we are crossing:

X The horse jumped across the fence.

The horse jumped over the fence.

4 at, to

We usually use to to show direction: Go to the bank and turn right. Give the book to Jamie. With some verbs (e.g. throw, shout, point), we can use to and at, but there is a difference in meaning:

Throw those keys to me, will you? I need to lock the door. (I want the keys.) She was so angry, she threw the keys at me. (to try and hit me)