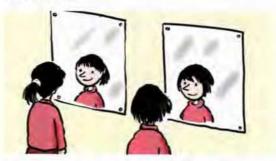
# 9 Reflexive and other pronouns







2 Alice and Imogen are looking at themselves.

#### 1 Reflexive pronouns

Compare the form and use of object pronouns and reflexive pronouns:

OBJECT/REFLEXIVE me/myself you/yourself him/himself her/herself it/itself us/ourselves you/yourselves them/themselves

Her name is Christine but her friends call her Tina. (her = object pronoun)

Her name is Christine but she calls herself Tina. (herself = reflexive pronoun)

We use reflexive pronouns (*myself*, *yourself*, etc.) when the subject and object of a sentence are the same person or thing: *Have you hurt yourself*?

We can also use reflexive pronouns to emphasise the subject of the sentence:

Why do I have to do everything myself? Dentists use this toothpaste themselves.

By myself/himself, etc. means 'alone/on your own' or 'without help':

'Do you live by yourself?' 'No, I share a flat.' The children did the drawing by themselves.

#### 2 Verbs with reflexive pronouns

Some verbs are often used with reflexive pronouns, for example: They didn't enjoy themselves on the activity holiday – it was hard work! Help yourself to some food – there's plenty of it! Did the children behave themselves at the zoo? I blame myself for the mistakes in the report – I didn't check it carefully.

Complain, feel, remember, rest, relax, get up and stand up do not have a reflexive pronoun: X Do you remember yourself the hotel? ✓ Do you remember the hotel?

But we can use a reflexive with wash, shave and dress if the situation is unusual: ✓ After my operation I couldn't dress myself for three weeks.

### 3 each other, one another

We use *each other* and *one another* when the subject and object are different: Alice and Imogen are looking at each other/one another.

(= Alice is looking at Imogen and Imogen is looking at Alice.)

Compare: Alice and Imogen are looking at themselves.

(= Alice is looking at Alice and Imogen is looking at Imogen.)

## 4 you, one and they

We often use *you* for people in general: *You can't park here after 8.30 in the morning.* We can also use *one* but it is very formal: *One needs to be careful when travelling alone.* We often use *they* for the people in government or in charge of organisations: *They're putting taxes up again. They closed the factory in 2008.* 

We also use they to talk about someone when we don't know who he or she is. Someone left this note for you, but they didn't leave their name.