


Grammar State and activity verbs

STARTER

- 1 How do you begin your day? What's your early morning routine? Tell the class.
- 2  3.1 Listen to a song called **9 to 5**. Answer the questions.
 - How does the singer begin *her* day?
 - Does she enjoy her work? Why/Why not?
 - What's the 'rich man's game'?
 - What do you think her job is?

'How I stay calm' – by people in stressful jobs

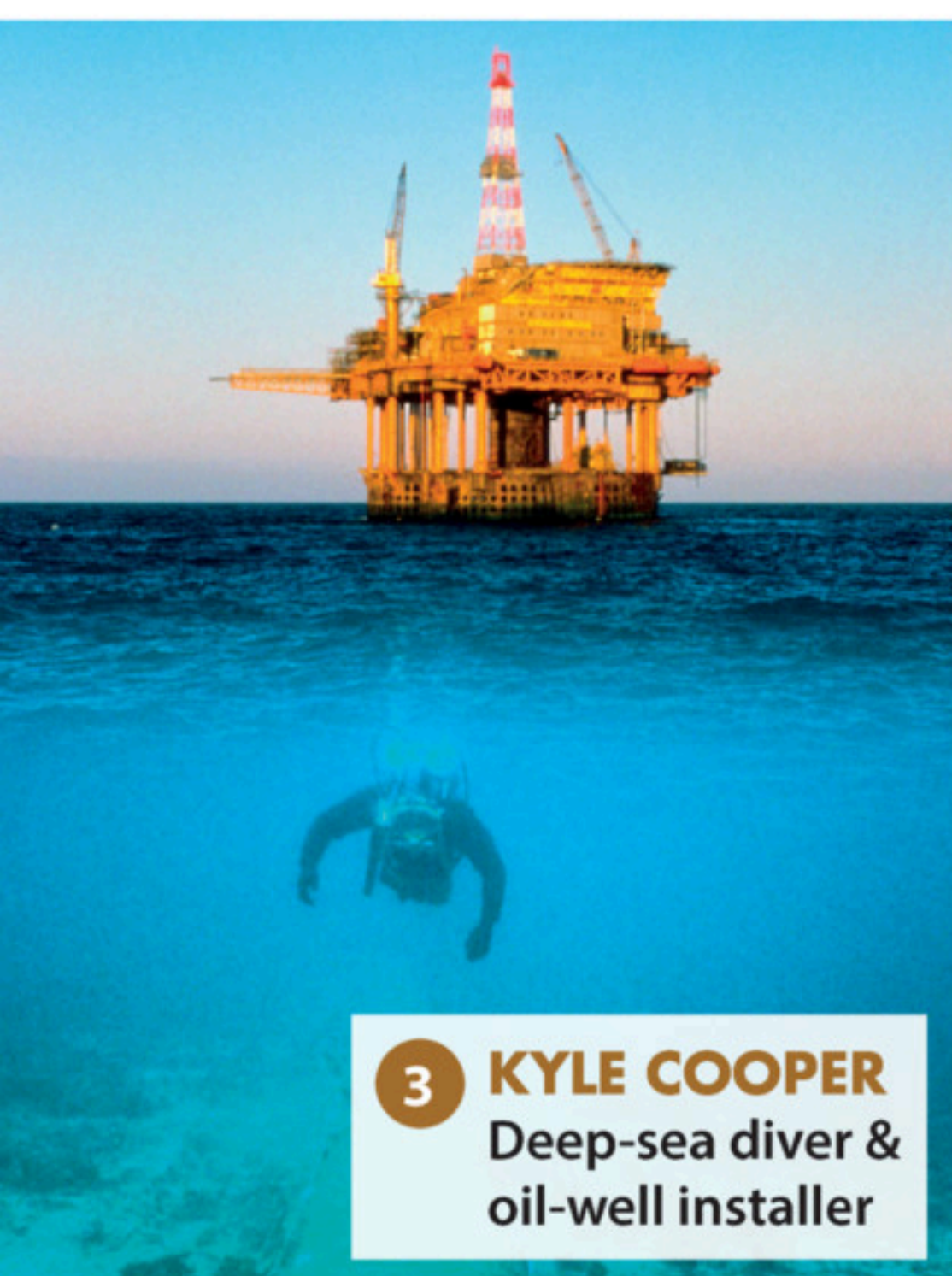
- 1 Look at the photos. Which jobs do you think are most/least stressful? Why? Which would you most/least like to do? Why?



1 GARY RUDD
Football manager
Northaven Town FC



2 JOAN BEVAN
Head teacher
City Academy, Cardiff



3 KYLE COOPER
Deep-sea diver &
oil-well installer




4 BONNIE BAXTER
A&E doctor
Royal Liverpool Hospital


- 2 Work with a partner. Ask and answer questions about the people.

What does Gary do? **He's a football manager.**

What's he doing in the picture? **He's shouting at his team.**

- 3  3.2 Listen to the four people talking about their jobs. After each one answer these questions.

- 1 What do they find stressful about their job?
- 2 What do they do to relax or stay calm?
- 3 What are they doing at the moment?

- 4  3.2 Listen again and complete the sentences. What else can you remember about each person?

GARY

- 1 I _____ that the manager _____ always blamed when the team _____.
- 2 I never _____ the 24-hour sports channels. I _____ on social media.
- 3 I _____ DIY around the house.
I _____ the kitchen at the moment.

JOAN

- 4 I _____ that a good school _____ a huge difference to the lives of young people.
- 5 I _____ for the Great Welsh Marathon at the moment, so I _____ eight miles, three nights a week.

KYLE

- 6 We _____ up and down in a ... diving bell, which _____ lowered to the sea bed.
- 7 Even when I _____ not _____, I _____ the sea – it _____ me.
- 8 I _____ actually _____ my own boat at the moment.

BONNIE

- 9 I _____ their distress.
- 10 In my few free moments I _____.
I _____ a little blue jacket for my sister's baby.