26 Adjectives with *-ed* and *-ing*



Form

-ed (OUR FEELINGS)	-ing (THE THING THAT CAUSES OUR FEELINGS)
We're excited.	The film is exciting. It's an exciting film.
I'm bored.	The test is boring. It's a boring test.

2 -ed adjectives

We often use adjectives that end in -ed to say how people or animals feel: Carlos and his grandfather are very excited. There's nothing to do here – we're bored. Tired children often behave badly.

3 -ing adjectives

We use adjectives that end in -ing to describe something that causes our feelings: They are watching an exciting football match on TV. (the football match excites them) The end of the film was very surprising. (the end of the film surprised me) We've had a very tiring day. (the day made us tired)

We often use -ing adjectives to ask about something or to give an opinion: Do you think English grammar is interesting? Amanda's sister is really boring.

⚠ We don't use -ing adjectives to talk about how we feel: X I'm very interesting in sport.

✓ I'm very interested in sport.

Pronunciation ➤ 1.06